

Spotlight

Dee Musk

Type : 32 Count, 4 Wall West Coast Swing

Music : "Spotlight" by Jennifer Hudson

Musik kann für das Abzeichen getauscht werden



DEUTSCHES TANZSPORTABZEICHEN

2010 BadenWürttemberg

GOLD E

1-8 WALK, WALK, ANCHOR STEP, FULL TURN, SAILOR STEP

- 1 RF walk forward
- 2 LF walk forward
- 3 RF step behind LF
- & LF step in place
- 4 RF step in place
- 5 LF ½ turn left step forward
- 6 RF ½ turn left step back
- 7 LF cross behind RF
- & RF step side right
- 8 LF step side left

9-16 CROSS ROCK, RECOVER, TOUCH, CROSS ROCK, RECOVER, STEP, CROSS, ¼ TURN, STEP, ½ TURN, STEP, LOCK

- 1 RF cross rock behind LF
- & LF recover
- 2 RF touch side right
- 3 RF cross rock behind LF
- & LF recover
- 4 RF step side right
- & LF cross behind RF
- 5 RF ¼ turn right step forward (3:00)
- 6 LF step forward
- 7 RF ½ turn right (9:00)
- 8 LF step forward
- & RF lock behind LF

17-24 STEP, TAP, STEP BACK, ½ TURN, STEP, ½ TURN, ROCK BACK, RECOVER

- 1 LF step forward
- 2 RF tap behind LF
- 3 RF step back
- 4 LF ½ turn left step forward
- 5 RF step forward
- 6 LF ½ turn right step back
- 7 RF rock back
- 8 LF recover

25-32 TRIPLE ¼ TURN, TRIPLE ¼ TURN, COASTER STEP, LOCK

- 1 RF ¼ turn left step side right
- & LF step next to RF
- 2 RF ¼ turn left step back
- 3 LF ¼ turn left step side left
- & RF step next to LF
- 4 LF ¼ turn left step forward (9:00)
- 5 RF step forward
- & LF ½ turn right step back
- 6 RF step back
- 7 LF step next to RF
- 8 RF step forward
- & LF lock behind RF