

Crazy Foot Mambo

Paul McAdam

Type : 32 Count, 2 Wall Linedance

Music : "If You Wanna Be Happy"
by Dr. Victor and The Rasta Rebels

Musik kann für das Abzeichen getauscht werden



DEUTSCHES TANZSPORTABZEICHEN

2010 BadenWürttemberg
GOLD Ersatz

1-8 MAMBO, MAMBO, STEP, LOCK, STEP, STEP, ½ TURN, STEP

- 1 RF rock forward
- & LF recover
- 2 RF step next to LF
- 3 LF rock back
- & RF recover
- 4 LF step next to RF
- 5 RF step forward
- & LF lock behind RF
- 6 RF step forward
- 7 LF step forward
- & RF ½ turn right
- 8 LF step forward (6:00)

9-16 MAMBO CROSS, MAMBO CROSS, ¼ TURN, HITCH, ½ TURN, HITCH, LOCK STEP

- 1 RF rock side right
- 2 LF recover
- & RF cross in front of LF
- 3 LF rock side left
- & RF recover
- 4 LF cross in front of RF
- 5 RF ¼ turn left step back
- & RF ½ turn left hitch left knee & clap
- 6 LF step forward
- & LF hitch right knee & clap (9:00)
- 7 RF step forward
- & LF lock behind RF
- 8 RF step forward

17-24 RUMBA BOX, SIDE, CROSS, SIDE, KICK, SIDE, CROSS, SIDE, KICK

- 1 LF step side left
- & RF step next to LF
- 2 LF step forward
- 3 RF step side right
- & LF step next to RF
- 4 RF step back
- 5 LF step side left
- & RF cross in front of LF
- 6 LF step side left
- & RF kick diagonally forward
- 7 RF step side right
- & LF cross in front of RF
- 8 RF step side right
- & LF kick diagonally forward

25-32 CROSS, ¼ TURN, STEP, STEP, ½ TURN, STEP, STEP, LOCK, STEP, STEP, LOCK, STEP, STEP

- 1 LF cross behind RF
- & RF ¼ turn right step forward
- 2 LF step forward (12:00)
- 3 RF step forward
- & LF ½ turn left
- 4 RF step forward (6:00)
- 5 LF step diagonally forward left
- & RF lock behind LF
- 6 LF step diagonally forward left
- & RF step diagonally forward right
- 7 LF lock behind RF
- & RF step diagonally forward right
- 8 LF step diagonally forward left