

## **My Heart Skips A Beat**

Choreographie: Carina Slijters

Beschreibung: 64 count, 2 wall, beginner / intermediate two step Line Dance

Musik: My Heart Skips A Beat Dwight Yoakam

### **RUMBA BOX**

- 1 - 2 Step LF to left side, Step RF next to LF
- 3 - 4 Step LF forward, Hold
- 5 - 6 Step RF to right side, Step LF next to RF
- 7 - 8 Step RF backwards, Hold

### **TOE STRUTS BACKWARDS, SLOW COASTER STEP, HOLD**

- 1 - 2 Touch LF toe backwards, Left heel down
- 3 - 4 Touch RF toe backwards, Right heel down
- 5 - 6 Step LF backwards, Step RF next to LF
- 7 - 8 Step LF forward, Hold

### **WEAVE RIGHT, SIDE ROCK, CROSS, HOLD**

- 1 - 2 Step RF to right side, Cross LF behind RF
- 3 - 4 Step RF to right side, Cross LF over RF
- 5 - 6 Step RF to right side, Weight back on LF
- 7 - 8 Cross RF over LF, Hold

### **WEAVE LEFT, ¼ LEFT FORWARD, TOGETHER, FORWARD, HOLD**

- 1 - 2 Step LF to left side, Cross RF behind LF
- 3 - 4 Step LF to left side, Cross RF over LF
- 5 - 6 Make a ¼ turn left and step LF forward, Step RF next to LF
- 7 - 8 Step LF forward, Hold

### **CHARLESTON, HOLD, SLOW COASTER STEP, HOLD**

- 1 - 2 Touch RF toe forward, Hold
- 3 - 4 Step RF backwards, Hold
- 5 - 6 Step LF backwards, Step RF next to LF
- 7 - 8 Step LF forward, Hold

### **CHARLESTON, HOLD, ¼ LEFT SIDE, TOGETHER, ¼ LEFT FORWARD, HOLD**

- 1 - 2 Touch RF toe forward, Hold
- 3 - 4 Step RF backwards, Hold
- 5 - 6 Make a ¼ turn left and step LF to left, Step RF next to LF
- 7 - 8 Make a ¼ turn left and step LF forward, Hold

### **ROCK STEP FORWARD, SIDE ROCK, BEHIND, SIDE, CROSS, HOLD**

- 1 - 2 Step RF forward, LF weight back
- 3 - 4 Step RF to right side, LF weight back
- 5 - 6 Cross RF behind LF, Step LF to left side
- 7 - 8 Cross RF over LF, Hold

### **ROCK STEP FORWARD, SIDE ROCK, BEHIND, ¼ RIGHT FORWARD, STOMP, HOLD**

- 1 - 2 Step LF forward, RF weight back
- 3 - 4 Step LF to left side, RF weight back
- 5 - 6 Cross LF behind RF, RF make a ¼ turn right and step forward
- 7 - 8 Stomp LF next to RF (weight on RF), Hold

REPEAT